

TTSC AGE GROUP REMINDERS-MARCH 07

Meets-

March 3-4

Season Finale Meet- McMinnville, OR

Warm-ups- (Sat. & Sun.) 8:00am for 11 & unders

(Sat. & Sun.) 8:30am for 12 & overs

Meet Starts- (Sat. & Sun.) 9:15am

March 23-24

AGE GROUP SECTIONALS- Federal Way, WA

Pre meet warm up Thursday night- 7pm-8pm

Prelim Warm-ups- (Fri.-Sun) 7:15am 13 & overs; 7:45am 12 & unders

Prelims Starts- (Fri. - Sun.) 9am

Events-

April 2-6

TTSC Age Group Spring Swim Camp @ Tualatin 5:30-6:45pm

Blue Group and White Group will have practice 4:30-5:30pm then participate in Swim Camp. All Age Group swimmers should attend in lieu of practice.

April 11

New Swimmer Try outs @Tualatin at 6pm

Have a friend that might like to become a member of TTSC?

April 14

Spring Stroke School @Tualatin

Don't forget to sign up ahead of time. Check flyer and website for details

Practice Changes-

Spring practice schedule Begins on April 9th.

Blue and White group make sure you check the new Dryland time and days. (Tuesday & Thursday 4:30-5:00pm) *Don't forget to bring your running gear...t-shirt, shorts or sweats, and running shoes. No flip-flops.*

Blue Group Tennis Shoe Kicking Days are back! Make sure that you have a pair of cheap white tennis shoes on Mondays and Wednesdays.

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