

TTSC Practice Schedule

2008 Summer Practice Schedule

Begins June 16 (Both Pools)

Tigard Pool

Green & Sr	4:15-5:45	M-F
Snappers & Terrapins	5:45-6:30	M W F

Tualatin Pool

Blue	5:15-6:45	M, W, F
	<i>5-5:15pm</i>	<i>M, W, F (Bands and Med Balls)</i>
	5:00-6:30pm	Tu & Th
	<i>4:30-5:00pm</i>	<i>Tu & Thur (Aerobic Dryland)</i>
	7:30-9:00am	Saturday (Invited Swimmers)
	<i>9:10-9:45am</i>	<i>(Sat. Run)</i>
White	5:00-6:00	M-F
	<i>4:30-5:00pm</i>	<i>Tu & Thur (Aerobic Dryland)</i>
Terrapins	6:00-6:45	Tu, Th, F
Snappers	6:00-6:45	M, W, F
Splash (minis)	4:30- 5pm	M, W, F
	(adv.) 4:30-5:15pm	M, W, F
HS	3:00-4:30	M, W, F